AT Society **chAT**

AUTUMN 2024/ NO. 63

ACTIVITY WEEKEND HIGHLIGHTS

HOW YOU CAN HELP AT CHRISTMAS

RESEARCH UPDATE

AT society
awareness research care

www.atsociety.org.uk

Registered charity no:
1105528

AT society
awareness research care

About us

Ataxia telangiectasia or AT is a neurodegenerative, genetic condition which affects many parts of the body, causing increasingly severe physical disability.

The AT Society is a national charity providing information and support to people affected by AT and funding and promoting research. Our positive philosophy to live well with AT expresses our commitment to provide the information and support to enable people with AT and their families to live their lives to the full. At the same time, we work to improve treatments and to stimulate and fund research.

Contact us

AT Society
Unit 54
Thrales End Business Centre
Thrales End Lane
Harpenden
Hertfordshire
AL5 3NS

Call: 01582 760733
Email: info@atsociety.org.uk
www.atsociety.org.uk

Disclaimer

The opinions expressed in the AT Society chAT are those of the individual authors and not ncessarily those of the AT Society.

Giving monthly makes a BIG difference

Your regular donations give us monthly income that we can rely on. It allows us to continue to be there for everyone with AT and their families.

£5 a month
could provide help and expert advice to a family learning how to deal with AT

£10 a month
could provide two counselling sessions for a child with AT or their parents

£20 a month
could provide ten hours of research in an AT laboratory

> It's so straightforward. £10 is gifted from my bank account just after I've been paid. I don't notice it, and without any effort I am giving a significant amount to a charity which really matters to me.

Use this QR code to make an online donation

SCAN ME!

Dear friend

Welcome to the latest edition of chAT, our AT newsletter, designed to keep you updated on the latest news, stories, and events from the amazing AT community.

In this newsletter, you can look forward to reading about the recent AT Activity Weekend, crucial updates on the progress of clinical trials, and information about specialised AT clinics and some of the people who make up the wonderful clinic team.

Once again, we are deeply grateful for the tremendous support our AT community has shown towards the charity this year. You can find some recent highlights on pages 16 to 22.

We hope this content inspires you to get involved once more. As the festive season approaches, there are several easy ways to participate: join our Winter Raffle (see back page), or encourage your local school or workplace to participate in our Christmas Jumper Day (details on page 23). Additionally, you can volunteer your time, consider including us in your Will, attend one of our events, or make a donation at: www.atsociety.org.uk/donate.

There are always numerous ways to support the AT community!

Kay Atkins and Anne Murray
Family Support

If you would like to discuss any of these options, please don't hesitate to get in touch – our contact details are on the opposite page, and we always love to hear from you.

We hope you enjoy reading the newsletter and, from us all, thank you for your fantastic support.

Kay & Anne

For all the latest news and updates from the AT Society, don't forget to follow us on social media!

@ATSociety

atsociety

#atsociety

Society News

Visitors from Quince

We enjoyed a visit from Dirk and Maureen who visited from Quince in the US. They joined us for lunch in the grounds of our office in Harpenden and updated us on the developments of their latest clinical trial.
To find out more scan this QR code.

Scan QR code for info on the trial

Professor Penny Jeggo in China

AT Society trustee and scientific adviser, Professor Penny Jeggo, was invited to share her knowledge and expertise on neurodegeneration in AT at the Ataxia-Telangiectasia Workshop in China in October, one of the most respected conferences held in China. Here she is with joint conference organiser, Dr Peter McKinnon.

Key findings from the conference will be shared on our website in the coming weeks:
www.atsociety.org.uk/research

MP Chat on Charity Matters

We were delighted to meet with Victoria Collins, Liberal Democrat MP for Harpenden & Berkhamsted. We are so pleased to have the support of Victoria to help with the issues that matter and the realities facing our community.

After the visit, Victoria commented, “It was a great privilege to meet the AT team, as the local MP, I will provide the AT Society with all the ongoing support I can. We should be very proud that Harpenden is home to such a remarkable organisation.”
Victoria will be tabling an Early Day Motion in Parliament about the AT Society, before the end of the year.

Charity of the Year!!

We were delighted to be chosen as the first ever local Charity of the Year for Harpenden Rugby Club for the rugby season 2024/25. The charity partnership presents an excellent opportunity for fundraising as well as raising awareness around AT.

Sally Milligan, Fundraising Manager, pictured with Will Hutchins, Club President and Nick Gull, Trustee, at Harpenden Rugby Club.

Everybody needs good Neighbours

The offices at Thrales End are surrounded by good neighbours! The team from TC Carpentry Contractors Ltd raised over £2000 by walking part of the Jurassic Coast in September and Phil from Capital Sky Ltd took part in our annual Skydive raising an amazing £2880! Tracey from Capital Sky Ltd has also volunteered for us at the first St Albans Half marathon and the team take part in Christmas Jumper Day each year.

Do you have good business neighbours in your place of work who could support the AT Society? If so, contact sally@atsociety.org.uk

Wonderful Volunteers

We have many volunteers; some who live locally to our offices and help with leaflet distribution, give talks at events and send out newsletters, among other things. We also have volunteers who do not live close to Harpenden but can help in other ways such as sourcing raffle prizes, taking collection pots and fundraising in aid of the AT Society. We are grateful to them all.

Scan QR code for info on volunteering

Awesome Activity Weekend!

> It's nice to know what happens to me, happens to other people. I feel less isolated and lonely as I've never met anyone with AT before and I've made good friends from this event.

In July this year, we organised an Activity Weekend at the Lake District Calvert Trust outdoor centre. Nineteen adults with AT, along with their chosen 1:1 support, participated in a wide range of fun activities led by the centre's fantastic instructors.

This expert team carefully adapt a wide range of outdoor activities to help people overcome challenges and experience the benefit of the great outdoors. This provides a unique opportunity for everyone (including the AT Society support team!) to step out of their comfort zones, try new activities, and connect with others facing similar challenges.

On arrival at the centre the team divided into 4 smaller groups, each led by two experienced instructors.

Since the activity weekend was a new experience for several of the younger adults, there was some anxiety about what to expect. However, their initial nerves soon disappeared with the warm welcome and as they started forming new friendships during the group activities.

Everyone was given the opportunity to overcome physical or mental barriers, form stronger connections, and build confidence throughout the weekend. Everyone enjoyed canoeing on beautiful Bassenthwaite Lake, indoor rock climbing, a zip wire experience, and bush craft, to name a few.

In the evenings, some people made use of the large fully accessible swimming pool, while others enjoyed chilling out in one of the common rooms, chatting about the day's events, playing games or watching videos. The whole centre was filled with laughter throughout the weekend!

For the first time ever, the AT Society presented the Rupert Prokofiev 'High 5' achievement award to the person we felt had achieved the most overall during the weekend. Rupert had AT and sadly died in 2016 leaving a generous legacy to the Society which he wanted to be spent helping others to 'live well with AT'. The award reflects Rupert's zest for life and his determination to stay engaged and active, despite the challenges of his AT diagnosis. His family were delighted to hear about the award and gave their full support for us to carry it forward at future activity weekends.

We are thrilled to announce that the first winner of the award was 17-year-old Gracie, who had never attended an AT activity weekend before! Over the course of the weekend, we watched Gracie grow in confidence, challenge herself to try new activities, laugh, and engage with others in her group, as well as during leisure time. What a superstar!

The positive feedback about the event has been overwhelming. Many participants left the weekend feeling empowered and ready to take on new challenges in their daily lives. The social aspect of the event was equally as important as the outdoor activities and provided opportunities to reconnect with old friends or form new friendships and share experiences, which helped reduce feelings of isolation.

All in all, the weekend was a huge success! Participants told us they left feeling more confident, having made new friends, tackled challenges they hadn't thought possible and had a lot of fun. The atmosphere was full of energy, sharing laughs, and creating unforgettable memories. It was a truly rewarding experience for everyone involved!

You got me doing things I wouldn't normally do. Being in a wheelchair won't stop me! Not anymore!

Latest News in AT Research

In September, AT Society trustee and scientific adviser, Professor Penny Jeggo organised a scientific panel discussion on ‘Neurodegeneration in AT: The causes and possibilities for therapeutic intervention.’ This was organised as a result of suggestions made at our AT Global Alliance quarterly meetings. It involved ATM research scientists and clinicians specialising in the neurobiology of AT.

Five teams participated, with each team proposing and supporting a distinct model for the cause of AT neurodegeneration.

In the first part of the call, each team presented their model and in the second part, each team considered how that knowledge could be exploited for therapeutic benefit.

The models and their presenters were:

1. Faulty neuronal development: Peter McKinnon & Sam Nayler
2. Stalled transcription: Tanya Paull
3. Mitochondrial dysfunction causing oxidative stress: Martin Lavin & Ernst Wolvertang
4. Hyperactivation or dysfunction of microglia: Svetlana Khorenkova
5. Aberrant metabolism causing low energy levels: Vincenzo Costanzo & Kim Chow.

> **We were pleased to hold an important discussion on neurodegeneration with some of the very best AT minds in the world.**
>
> Professor Penny Jeggo

It was a stimulating and insightful discussion, inspiring fresh ideas that participants will explore in their research endeavours.

A layman’s summary of the discussion can be found by scanning the QR code.

Scan QR code for summary

A-T ALLIANCE

AT Clinical Trials

IntraBio Inc has confirmed the U.S. Food and Drug Administration (FDA) has approved AQNEURSA (levacetylleucine) for the treatment of neurological manifestations of Niemann-Pick disease type C (NPC) in adults and paediatric patients weighing at least 15 kg.

This is good news for AT as it means that they can now progress their plans for a small Phase 3 clinical trial for adults and children with AT. We are liaising with IntraBio about this and are hopeful for the new trial to start in 2025. We will share more about it when we can.

NEAT Trial

NEAT is a new trial for 6-9 year olds, which began in the summer. Quince (previously Erydel) has developed a system for chronic delivery of dexamethasone, a steroid known for treating multiple inflammatory conditions. The procedure for AT involves taking plasma from patients, infusing it with dexamethasone, and reinfusion into patients to deliver a lower dose of dexamethasone. Early experiments and a small scale phase 2 trial suggested that dexamethasone could delay the onset of ataxia in AT patients. NEAT is required by the regulatory bodies to substantiate and extend the findings from their first trial.

The families of those children who fit the criteria for NEAT and are therefore eligible to take part have all been contacted, and screening for them is currently taking place. Dr Andrew Prayle is coordinating the trial from Nottingham University Hospital and is in the process of contacting those eligible families who have expressed an interest in their child participating in this trial.

For further information about AT clinical trials please visit our website: https://atsociety.org.uk/research/clinical-trials/

New Research Projects

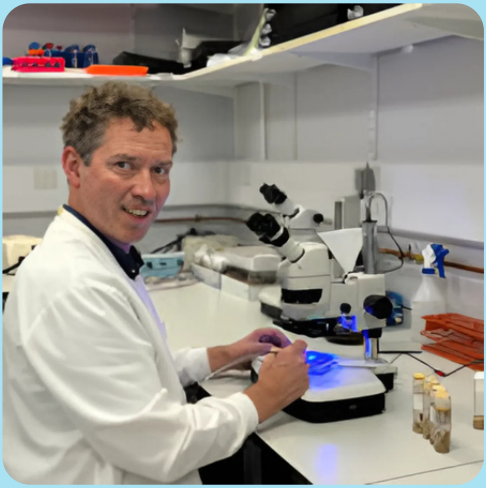
We are pleased to be co-funding three new important research projects with Action for A-T (UK), Brash-AT (Australia) and AEFAT (Spain).
The first is led by Professor Rob Dineen, Chair of the AT Society Scientific Advisory Board, and is called BOBCAT.

In 2021 the UK Neonatal Bloodspot Screening programme (the 'heel-prick test' that new-born babies have) included a new test to pick up severe immune system problems, and as a result some babies with AT have been identified. For the first time, this gives us the opportunity to collect measures from babies and very young children with AT to provide unique data on how the organs change in the earliest stages of AT, before symptoms are visible. This is significant in the development of new treatments for AT which are likely to be most effective when started in early childhood.

For further information about the BOBCAT study please visit www.atsociety/research

SCAN ME!

For more information about these projects please visit our website



Another study we are co-funding is identifying existing drugs to repurpose for treating AT.

Drug repurpose is an important area to explore for AT, which is why we are pleased to be supporting Dr Richard Tuxworth's new study at the University of Birmingham.
The study will focus on autophagy which is how cells recycle materials and old components, and which is defective in almost every form of neurological disease, including AT. Many existing drugs are known to increase the levels of recycling in cells and so Dr Tuxworth will explore the drugs used for other neurological conditions to identify one or more that can restore recycling in AT nerve cells. The hope is that drugs will be found that could be re-purposed to treat AT patients.
For further information about our AT research work please visit our website:
www.atsociety.org.uk/research

2025 AT Clinical Research Conference

25th-27th June, Loughborough University, UK

We are pleased to be organising the first AT Clinical Conference since 2018!

The 2025 in-person conference will be a landmark event, bringing together the world's leading AT scientists and clinical experts to collaborate, share ideas and drive forward solutions to improve patient outcomes.

The educative event is being held in collaboration with members of the A-T Global Alliance and aims to seek solutions to current challenges and to accelerate the development of treatments to improve the health and quality of life for individuals affected by AT. It is directed at clinicians and scientists working in the field and will lead into the AT Society Family Weekend (27-29th June 2025), for shared learning and support. A summary of the conference will be provided for families affected by AT at the Family Weekend on Saturday 28th June, and a write-up circulated afterwards.

If you are a professional working in clinical research and wish to find out more, please go to: https://atsociety.org.uk/at-clinical-research-conference/

SAVE THE DATE

* Ataxia Telangiectasia

We are delighted to announce a date for the **2025 Family Weekend.** More info to follow so watch this space...

Date: 27th - 29th June 2025
Location: Loughborough University Campus

Meet some of our Clinic Team!

The AT Society was instrumental in setting up and developing two AT specialist clinical centres in the UK, one for children at Nottingham City Hospital (16 and under) and one for adults at Royal Papworth Hospital, Cambridge (over 16). These centres are now fully funded by the NHS and have built up considerable experience and expertise in AT together with developing better management of the condition.

The AT Society continues to work in collaboration with the NHS to constantly review and progress the quality of care for patients. We also arrange appointments at the centres and assist with arrangements and costs for transport and accommodation.

José Barros Andrade
Social Worker at The Royal Papworth Hospital

We have a strong collaborative partnership with the AT Society support team and often work together to provide support for adults with AT and their families.

"My role as a social worker at Papworth Hospital has a wide and varied remit. I have been with the team for approximately 8 years.

My colleagues and I provide support with a wide range of social and safeguarding issues, and advocacy in all forms is one of our key roles.

Part of my role involves meeting adults and carers during their appointments at the (AT) clinic and, when required, coordinating with other professionals on their behalf."

Julie Breedon
specialist PA for the paediatric AT Clinic, Nottingham

This experience has given me a good understanding of the Trust's different departments and the chance to build positive working relationships with the people in them.

"I am the specialist PA for the paediatric AT clinic and have worked for the hospital trust for over 40 years. Prior to taking up this role I worked as a manager in orthopaedics.

My main roles within the AT clinic include creating the children's AT reports, by typing and collating the clinic information and preparing the supporting letters required by local services such as schools, benefit applications and local housing depts. I work closely with Tina Boyd, Dr Suri, Dr Wilsdon, and the AT Society support team."

Tina Boyd
Nurse Specialist at the Paediatric AT Clinic, Nottingham

The Nottingham clinic is an important resource for families and local clinicians, and my role is to ensure they have the guidance and support needed to receive and deliver the best possible ongoing care.

“I have been a registered nurse for 19 years, with a broad range of experience in primary and secondary care. I joined Nottingham University Hospitals NHS Trust in 2019.

I work closely with the AT Society support team to ensure families receive the most effective input before, during, and after each clinic review. Together, we aim to offer a collaborative, holistic and joined up service for families affected by the condition.

The clinic is a fantastic opportunity for children and their parents/guardians to meet professionals from Genetics, Respiratory, Neurology, Immunology, Physiotherapy, Occupational Therapy, Speech and Language and Dietetics. Psychological support is also offered, should parents wish to speak to a trained psychotherapist.”

AT Family and Friends Information Evening (online)

January 22nd 2025

7 - 8.30pm

For extended family and friends who are connected to someone with AT.

We welcome friends, siblings, grandparents, aunts and uncles, and anyone connected to someone with AT, to join us to understand more about the condition and to answer your questions. This will take place with a small friendly and supportive team from the AT Society.

To come along, just scan the QR code and register – you MUST REGISTER in order to receive your unique login link – it’s FREE to attend.

Scan QR code to register

Family Support Team on the Road

Our Family Support Team are proud to be able to offer home visits to families across the UK following an AT diagnosis, whenever possible. These trips often include attending meetings at schools, colleges and with social care teams.

Being able to offer support within the family home can have a long-term positive impact on the well-being of both children and parents.

Every family has its own unique strengths and capabilities, so we work closely with the whole family and share information to help them make informed choices and decisions.

Being invited into a family home allows parents to take the lead and offers opportunity for our support team to begin building a trusted, supportive relationship with the family. Together we can then start to identify and build on the family's strengths and resources. During a recent 4-day trip to Scotland, Kay and Anne visited several families and schools in the area to talk about AT, the services provided by the AT Society and the young people's needs. Feedback from families and professionals highlights how important these visits are and the positive impact they have on people's lives.

Kay and Anne visiting a school in Scotland

Having the opportunity to discuss and learn more about AT was so valuable.

I am particularly thankful for the support and advice you gave us as we talked through some of the strategies we can use to support our lovely pupil and his family.

It is reassuring to know that we can continue to work with you and reach out for support and guidance in the future.

Teacher, following a school visit

Thank you soo much for coming all this way up to our home and for educating the school.

You guys really do make such a difference in a scary world for parents/families and these beautiful children with AT ! The world needs more of it - the kindness you have shown us is unmatched and we are so grateful .

Parent, following a home visit

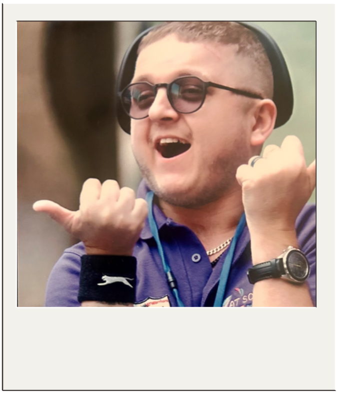
In loving memory...

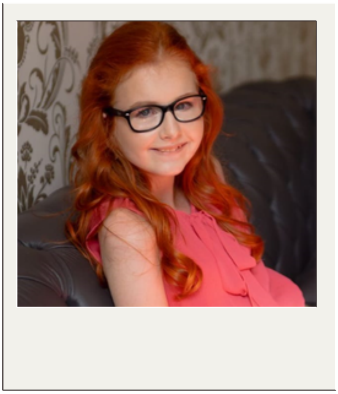
Cherished memories of beloved friends who are no longer with us, shared by those who knew them best.

"Our Gorgeous George sadly passed away on Tuesday 27th August 2024 at 1.40pm after a short battle with cancer, surrounded by his family at home.

As many of you know, George had a challenging life but he never let any of the challenges get him down even after being diagnosed with a very rare cancer, Peritoneal Mesothelioma (asbestos related). He still kept his fantastic sense of humour right up till the end.

George had a real zest for life, enjoying holidays, Boccia, drinking, watches, cars and tattoos! He will be greatly missed and we will make sure his memory lives on. Love you to Infinity George 💙"





"For her short life Emilija certainly had a full one whilst bringing happiness and joy with her cheeky smile to all that met her. She really flourished in recent years at college and loved it every day and complaining to us on the odd day she couldn't go!

When at home she enjoyed her love of dogs and chatting to her friends either online or on the phone.
Family was so important to Emilija whether it was chilling at home, days out or holidays away with us.
She is very sadly missed everyday by us all after leaving us on the 9th of July 2024 this year after a short battle with Leukaemia.

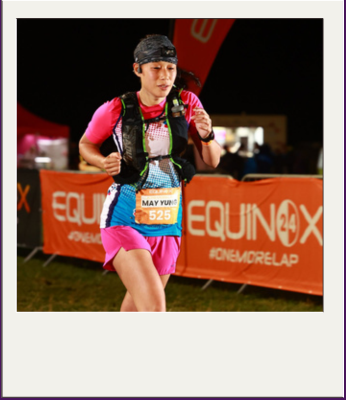
Emilija you are in our thoughts and hearts each and every day and always will be. Never complaining you are truly an inspiration to us all.

She was a princess with the strength of a warrior"

Fundraising Stories

Getting Muddy for the AT Society

Lee, the father of Hattie and Violet, both of whom have AT, joined his twin brother Deano and an outstanding team from Adams Morey to take on the demanding Tough Mudder event in Birmingham. Together, they tackled the 18km course and crossed the finish line together, raising over £5,000 in the process.



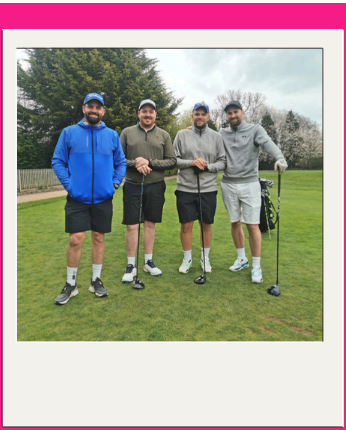
A-May-zing May!

Hats off to May Yung Tiet, a Neurology Registrar who has been pursuing a PhD in ataxia telangiectasia, for her remarkable achievement at the Equinox24, where she ran an impressive 100km in just 24 hours! She raised a fantastic £1,720.

May shared "I was determined to get through it to have the chance to fundraise for the AT Society again. My PhD also finished this year so thank you for all of your support".

Vito's Golf Challenge

When it comes to golf, this team truly showed remarkable endurance! Vito and his fantastic team managed to finish four rounds of golf (a challenge which took 16 hours) to raise funds for the AT Society, raising a total of £1,020.



St Albans Half Marathon

This year we went big at the St Albans Half. To mark our 35th year as a charity we managed to get 35 runners at the event.

A huge thank you to everyone who participated on the day. Whether you ran the full half, took part in the 5K, walked, or volunteered, your incredible efforts contributed to the event's success and helped to raise an impressive £10,000.

The team won the SA Law trophy for the 5K which made the day even more exciting!

A special shoutout to 'Team Charlie' for coming together from various corners of the country to support Dara and Shauna during their debut half marathon. Their presence not only honoured Charlie's memory but also helped raise awareness and funds for the AT Society.

Next year's event takes place on 8th June 2025. If you are interested in joining the A-Team, please get in touch! Email: sally@atsociety.org.uk

celebrating
35
years
1989 - 2024
awareness research care

ST ALBANS
HALF
MARATHON

Our Fundraising Furry-Friends!

In March, we hosted our fantastic dog-walking challenge, and we want to extend our heartfelt gratitude to all our amazing walkers. Together, they raised an incredible total of more than £3,500 in donations. A huge thank you to everyone who participated.

JOIN THE FUN

We are inviting you and your four legged friend to walk 90km (3km a day) during March 2025.

You have from 1 – 31st March 2025 to see how far you can travel and how much you can raise to support people with AT.

ANY LOCATION

You and your dog can complete your walks in any location, so wherever you live or if you take your dog on holiday with you, you can still take part. In fact we'd love to hear about all the different locations where the dogs are taking part.

OPEN TO ALL AGES

Supporters of all ages are welcome to take part in this challenge as long as they are supervised by an adult and they have (or can borrow) a dog!

Sign up to receive a free doggy bandana!

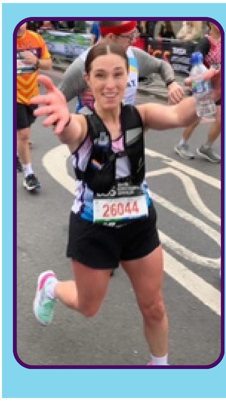
For more info contact:
sally@atsociety.org.uk

Scan QR code for "Lead On" info

Fantastic Fundraisers

A huge thank you to all our amazing supporters who have collectively raised a staggering £50,519 to date this year.
Here is just a selection of some of our fantastic fundraisers.

Orla is a fundraising superstar who has organised numerous stalls over the years. Here she is, at a festive-themed stall at her school fete.



Kat dashed through the London Marathon like a superhero and raised over £1,500.

Sally, our wonderful Fundraising Manager, held a yoga fundraising event and raised £350.

Emma and friend Jimmy organised a glitzy casino themed party!

Alfie and Izzy coordinated a school dress-down day and successfully raised £143!

Win and the amazing Team Green excelled in the Hastings Half Marathon mini run, successfully raising £1,105.

Paul, Jo, William, and Susan successfully completed the Plymouth Half Marathon. They raised an amazing £3,785 in the process.

A huge round of applause for "Team Roe" and their exceptional performance at the Saucony London 10K raising over £1,700!

Matthew donated the proceeds of a fabulous raffle at a dinner dance.

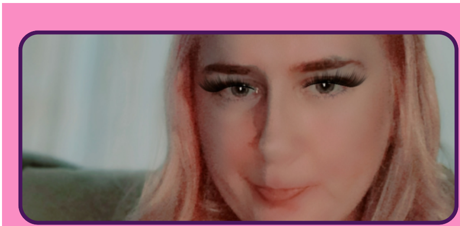
Lorraine and Michele achieved victory at the Blenheim Palace triathlon, successfully raising £2,100.

Merry and her carer Barnie enjoy their regular craft afternoons, where they have a great time while also raising funds for the AT Society.

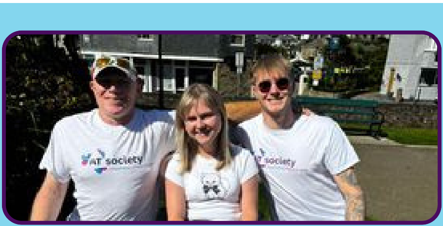
Izzy hosted two highly successful psychic evenings that raised over £1,000.

Some fantastic year 6 students at Brookburn Primary School in Manchester, raised £58 by crafting and selling "Squishy Species" during the school Enterprise Day.

Ibby and his TA Mel arranged a fantastic Tombola event at school.



Charlotte expressed gratitude for her support over the years and celebrated 35 years of the AT Society by starting a reading challenge: 35 books in 35 weeks!



Ben and Mark completed a skydive in support of Lola and the AT Society. Their efforts helped raise over £1,100.

Alex triumphantly completed the Glencoe Marathon in Scotland, successfully raising £1,500 in the process.

Jason successfully finished the 25K Gatliff Challenge in Kent, raising £900 for the AT Society.

Mike bravely completed his skydive, raising over £800. Here he is pictured with AT Dad, Sam, who organised the jump!

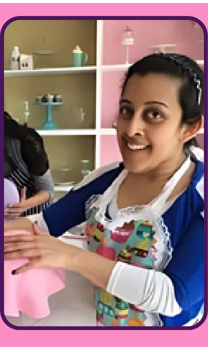
Jon successfully completed the Berlin Marathon and raised an impressive £927. What an amazing accomplishment!

Matthew ran the Great Scottish Run half marathon and smashed it!! He raised over £400.

Melik organised a delicious bake sale featuring cookies and cupcakes that were so popular, they had to bake extra batches!

The Concordia Ladies Choir in Bridgnorth continued to add to their impressive fundraising total and have more events planned in December.

Jilly has consistently supported us by donating the profits from her delightful "Jilly's Cupcake House."
Over the years, she has raised an incredible total of £23,281.



Phil from Capital Sky Ltd along with Charlie and Charlie from HSBC Plymouth, took to the skies and raised almost £4,000.

Rachel wrote a series of three enchanting books, finishing the third during her final week at the local hospice - all of the proceeds from the sales of her books, Rachel requested be donated to the AT Society.

**If you have any fundraising ideas (big or small), we'd love to hear from you!
Get in touch:
sally@atsociety.org.uk**

Golf Day

"Tee off for AT," sponsored by Optimus Access Limited , brought together 19 teams comprising local supporters and businesses at Luton Hoo Golf Course. With sunny skies, positive energy, and a significant amount of funds raised, it was truly a hole-in-one kind of day!

The golf day in 2025 will be even bigger and better and will be held at Aldwickbury Park on 22 April 2025.

Scan QR code for golf day 2025 info

Festive Fundraising Ideas

Wreath Making Gathering!

A fun activity and participants walk away with a decoration they'll (hopefully) be proud of. Bulk buy materials online and charge people a fee that'll ensure a profit .

Festive Movie Night!

Gather friends and family for an evening filled with Christmas films.
Set up a cosy viewing area with holiday treats and ask for a donation in exchange for the entertainment.

CHRISTMAS JUMPER DAY

12 DECEMBER 2024

Scan QR code to join the fun!

Secret Santa

Instead of spending £5 on Secret Santa presents, ask those taking part to set the limit to £4 and have everyone donate the spare £1 to the AT Society.

Embrace a Challenge This New Year...

We have a variety of thrilling fundraising events lined up for 2025. Why not set a New Year's resolution to take on a challenge and support the AT Society.

Dates for your diary

Thursday 5 December 2024
Christmas concert 7.00pm
St John's Church, Harpenden

Tuesday 17 December 2024
Winter raffle to be drawn by the cast of Sleeping Beauty at the Eric Morecambe Centre, Harpenden

March 2025
Lead On (Dog walking challenge)

Thursday 22 April 2025
The AT Society Golf Day, Aldwickbury Park

Sunday 8 June 2025
St Albans Half – walk or run

Friday 13 - 15 June
3 Peaks Challenge - Climb the three highest peaks of Scotland, England and Wales

Sunday 7 September 2025
London 'The Big Half' Half Marathon

For more info, visit our website:
https://atsociety.org.uk/support-us/our-events/

GET YOUR TICKETS TODAY!

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WINTER RAFFLE

CLOSING DATE 16TH DECEMBER

PRIZES INCLUDE:

£500 CASH

Away Resorts 4 night break
For up to 6 people at a UK location of your choice

Spa day for 2 people at Champneys, Springs

Travel Four Seasons £250 holiday voucher
For overseas travel

One Night Stay for 2 at Brighton Leonardo Royal
Hotel Waterfront - breakfast included

FI Arcade, London
Head to head racing experience, meal & drinks for 2

Holiday Inn Nottingham one night B&B

Bespoke cupcakes to your door

And more exciting prizes to be announced...

SCAN ME!

ATSOCIETY.ORG.UK

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